## Couples Intake

Name:	Email:	Date:
As I see it, the	e primary reason we have sought couples there	rapy is
My partner wil	I say the primary reason we have sought coup	ples therapy is
	xperience with counseling, including individual	
	lenge with communication in our relationship i	
	nes/week we eat a meal together:	
Approximate #	t of alcoholic drinks in an average week I drinl	nk: My partner:
Highest level of	of education completed for me/ my partner:	
My occupation	/my partner's:	
What does you	ur partner depend on you for?	
	depend on your partner for?	
	and/or your partner consider your relationship'	



## Couples Intake

					s "extremely fu a <b>ation</b> for you	ulfilled," rate c r rating:	urrent lev	el of satisfa	ction
1 horribly dissatisfie	2 d	3	4 n	cont	6 ent, ed nor dissati	7 sfied	8	9 incre dissati	,
My physic	al appearance	<u> </u>							
My partne	r's physical ap	ppearance							
The amou	nt of time we	spend tog	jether_						
Our Physi	cal Intimacy_								
Sex									
									_
	rou most wan				elp, how long o	do you expect	therapy t	o last?	
What wou	ld be most ur	nhelpful to	you in	therapy? W	/hat doesn't w	ork for you?			
	ou know that goal has beer			served it's p	ourpose for yo	ur relationship	o? What v	vill it look li	ke,
in the rela 1 Improve	itionship OR co he latter, it will	ming to the help to ider made, regar	rapy to ntify wh dless of	decide whet nat will make t f the desired u	ther to stay in the things less bad ultimate outcom what your	er coming to the ne relationship on now, if you are ne, and it is used thoughts are or	or split up. currently I ful for your	If you are a N the relation therapist to	mong nship. know



## Couples Intake: Family History Who raised you? Where? (city, state) Who else was around? (brothers/sisters/foster kids/step siblings/grandparents, etc) Middle sibling of \_\_\_\_brothers and \_\_\_\_ sisters. I am an (please circle) Oldest Youngest How did people in your family handle conflict, growing up? How were you taught right/wrong? What challenges were there for your family growing up? How are your expectations for your relationship different from what you saw growing up? What do you hope to do better than what you saw your parents do?



Couples Intake: Family History
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Please list the BEST and WORST qualities of your primary caregivers ("traditionally"-mother/father):					
BEST WO 1st primary caregiver	RST				
2nd primary caregiver if applicable					
*Of the above traits, please circle any that you may see in your partner. They differently with him or her, but could still be called by the same name.	may play out				

